



Breakfast Cereal

SIZE: 8 ounces (oz) or larger

BRAND: Specific items listed below

* Whole grain cereals



All-Bran Complete Wheat Flakes*



Special K Original



Corn Flakes (regular)



Crispix



Bran Flakes*



Honey Bunches of Oats Almonds, Honey Roasted, Whole Grain Honey Crunch*



Grape-nuts* Original*



Flakes*



Great Grains Banana Nut Crunch*



Total Whole Grain*



Wheaties*



Kix* (regular)



Honey Kix*



Chex Wheat*, Corn, Rice



Cheerios* & MultiGrain Cheerios*

The best way to get all your cereal is to buy 12-, 18- or 36-ounce (oz) sizes.



Breakfast Cereal



Oatmeal Squares Brown Sugar* & Cinnamon*



Life* (regular)



Sunbelt Bakery Simple Granola*



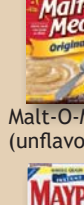
Crisp/Crispy/Crispie Rice:



Frosted Shredded Wheat* (regular or bite sized) (no flavored frosting or filling):

BRANDS (Bag or Box): Always Save, Best Choice, Clear Value, Great Value, Kiggins, Kroger, Malt-O-Meal (Frosted Mini-Spooners), Market Pantry, Our Family, Ralston, Signature Kitchens, Shurfine, ValuTime, Western Family

Hot Cereal



Malt-O-Meal (unflavored)

Cream Of Wheat/Cream of Rice (original & whole grain*) (unflavored, 1, 2½ & 10 minute)



Maypo* (maple flavored)



Oatmeal* (individual packets, plain, unflavored)

BRANDS: Best Choice, Kroger, Our Family, Ralston, Shurfine, Signature Kitchens, Quaker, Western Family

Not WIC Approved

- Single-serving packets, except oatmeal
- Organic
- Flavors not listed